



## **Your Prices: (AED)**

### **Ladies Fitness:**

**BodyStep; BodyCombat; BodyAttack;**

**BodyPump; SH'BAM; Zumba;**

**RPM, TRX, Aqua Aerobics**

**45 / class ; 400 / 11 classes**

**Core Strength**

**25 / class**

### **Ballet:**

**Beginner**

**50 / class; 320 / 4 weeks**

**Intermediate**

**55 / class; 360 / 4 weeks**

**Advanced**

**60 / class; 480 / 4 weeks**

### **Swimming**

**Private lesson**

**150 / lesson**

**Private lesson for 2**

**220 / lesson**

**Private lesson for 3**

**240 / lesson**

**Private less on for 4**

**280 / lesson**

**Group lesson (5+)**

**480 / person for 8 lessons**

**My style (swim on your own)**

**70 / day; 500 / month**

### **Kids Football**

**( 5-7 years; 8-10 years)**

**50 / class; 300 / month**

### **Karate**

**Karate Kids**

**50 / class; 400 / 10 classes**

**Karate Ladies**

**450 / 10 classes**



## **Membership Packages**

### **Ladies only Packages**

<b>Unlimited Pool Access</b>	<b>1200/ 3 months</b>
	<b>1800 / 6 months</b>
<b>Unlimited Fitness Classes</b>	<b>3000 / 3 months</b>
	<b>4500 / 6 months</b>
	<b>8000/ 12 months</b>
<b>Unlimited Pool-N- Fitness Combo</b>	<b>5000 / 6 months</b>
	<b>9000/ 12month</b>

**All moms who opt for any of the *Ladies only packages* will get 20% discount on all children activities for their own children.**

### **Rules and Conditions:**

- \* Membership Packages are not transferrable and non-refundable.**
- \* Membership Packages apply from the day of purchase for the duration purchased inclusive of weekends and vacations that may fall during the period of the Membership package.**
- \* Class schedules will be set and announced by Inspire Sports Management on a monthly basis, and are subject to the availability of the facilities.**